

# Brian Howard Memorial Invite

January 16-18, 2026

*Lenexa, KS*

## ***Warm Up Schedule***

### **Friday PM**

First Warm Up: 3:30-3:55 PM

Second Warm Up: 3:55-4:20 PM

Once Way Starts:

### **First Warm Up**

South End (Competition Pool)

1	2	3	4	5	6	7	8
KCB	KCB	KCB	KCB	KCB	KCB	KCB	KCB

North Pool

	0	1	2	3	4	5	6	7	8	9
KCB	KCB	KCB	KCB	KCB	KCB	KCB	KCB	KCB	KCB	KCB

### **Second Warm Up**

South End (Competition Pool)

1	2	3	4	5	6	7	8
RSC	RSC	RSC	RSC	AAAA	AAAA	AAAA	CIA

North Pool

	0	1	2	3	4	5	6	7	8	9
KCB	KCB	KCB	KCB	KCSA	KCSA	KSCA	SSSC	SSSC	LIFE	LA/ DSMF/ UN

## Saturday Prelims

First Warm Up: 6:45-7:10 AM

Second Warm Up: 7:10-7:35 AM

Third Warm Up: 7:35-8:00 AM

Once Way Starts: 8:00-8:10 AM

### First Warm Up

### South End (Competitive Pool)

1	2	3	4	5	6	7	8
KCB	KCB	KCB	KCB	KCB	KCB	KCB	KCB

## North Pool

[illegible]

### Second Warm Up

### South End (Competition Pool)

1	2	3	4	5	6	7	8
KCSA	KCSA	KCSA	KCSA	DSMF/UN	KCB	KCB	KCB

## North Pool

[illegible]

### Third Warm Up

#### South End (Competition Pool)

1	2	3	4	5	6	7	8
RSC	RSC	RSC	RSC	RSC	RSC	SSSC	SSSC

## North Pool

	0	1	2	3	4	5	6	7	8	9
AAAA	AAAA	AAAA	AAAA	AAAA	AAAA	CIA	CIA	LIFE	LIFE	LA/MM

## Saturday Finals

Lanes 3:30-4:05

1	2	3	4	5	6	7	8
10 & U	10 & U	10 & U	Open	Open	Open	Open	Open

[illegible]

Lanes 4:05-4:20

[illegible][illegible]

## Sunday Prelims

First Warm Up: 6:45-7:10 AM

Second Warm Up: 7:10-7:35 AM

Third Warm Up: 7:35-8:00 AM

Once Way Starts: 8:00-8:10 AM

## First Warm Up

### South End (Competition Pool)

1	2	3	4	5	6	7	8
KCB	KCB	KCB	KCB	KCB	KCB	KCB	KCB

## North Pool

[illegible]

### Second Warm Up

### South End (Competition Pool)

1	2	3	4	5	6	7	8
CIA	CIA	CIA	SSSC	SSSC	KCB	KCB	KCB

## North Pool

[illegible]

### Third Warm Up

#### South End (Competition Pool)

1	2	3	4	5	6	7	8
KCSA	KCSA	KCSA	KCSA	KCSA	UN/DMSF	LIFE	LIFE

## North Pool

	0	1	2	3	4	5	6	7	8	9
RSC	RSC	RSC	RSC	RSC	RSC	AAAA	AAAA	AAAA	AAAA	AAAA

## Sunday Finals

Lanes 3:30-3:05 PM

1	2	3	4	5	6	7	8
10 & U	10 & U	10 & U	Open	Open	Open	Open	Open

[illegible]

Lanes 4:05-3:20 PM

[illegible][illegible]