

MISSOURI VALLEY SWIMMING

2010 DIVISION II SHORT COURSE CENTRAL CHAMPIONSHIPS

- DATES:** February 26 – February 28, 2010
- SANCTIONED BY:** Missouri Valley Swimming, Inc. on behalf of USA Swimming, Inc.
Meet Sanction No: MV-10-25
Time Trials Sanction No: MV-10-26TT
- HOST:** Kansas City Blazers – East
Independence School District
- LOCATION:** Henley Aquatic Center
18200 E. Hwy 78
Independence, MO
816-521-5377
- COURSE:** 25 Yards, 10 lanes, non-turbulence lane lines, Paragon Competition starting blocks. Lane 10 is a warm up/warm down lane with Lane 9 as a buffer. Daktronics Timing System with button backup and 2 back-up timers per lane and an 8 line scoreboard will be used. Hy-Tek Meet Manager software with Interface will be employed.
- RULE AUTHORITY:** Current USA Swimming and Missouri Valley Swimming Rules and Regulations will govern the conduct of these Championships and will serve as the official guide for technical and procedural rules.
- MVS Safety Guidelines and Warm up Procedures will be in effect. Copies of these Guidelines and Procedures will be posted at several locations around the pool. The Meet Announcer will be available during the warm-up sessions to assist with announcing procedures and conduct of the warm-up period.
- PARTICIPATING TEAMS:** Bonner Springs Swim Team, Cool Waves Swim Team, Kansas City Blazers, Kansas City Storm, Swim Academy Blue Wave, Kearney Swim Team, Olathe Aquatics Association, Raytown Riptide, Team Dolphins, Tiger Sharks Swim Team, Tsunami Swim Team.
- MEET FORMAT:** LSC championship meet with only individual events. Preliminaries/Finals format with the fastest eight (8) swimmers advancing to championship finals, subject to the following exceptions:
- 1) All Friday events will be conducted as timed finals.
 - 2) On Saturday, the 500 free and 400 IM are timed final events. With the exception of the fastest seeded heat, all 500 free and 400 IM heats will be swum in preliminaries and seeded fastest to slowest. The fastest seeded heat of the 500 free and 400 IM will swim in the finals session.
 - 3) On Sunday, the 1650 free is a timed final event. All heats of the 1650 free will be swum during prelims as listed within the order of events, except that heats will be configured as alternating women/men and swum fastest to slowest.

STARTING TIMES: Friday (timed finals)

Warm-ups: 4:00 PM

Meet Start: 5:30 PM

Saturday & Sunday (preliminaries)

Warm-ups: 7:00 AM

Meet Start: 9:00 AM

Saturday & Sunday (championship finals)

There will be a minimum of two (2) hours between the end of preliminaries and the beginning of finals events. Actual starting time for finals competition will be announced prior to the conclusion of the preliminaries session.

At the discretion of the Meet Referee, warm up times may be changed to reflect the number of swimmers entered on any given day.

**MEMBERSHIP
REQUIREMENT:**

All athletes must be 2010-registered athlete members of Missouri Valley Swimming and USA Swimming and must be associated with one of the teams assigned to this championship meet site. All registrations will be verified by the MVS Registration Chair prior to the meet.

ELIGIBILITY & SPECIAL ENTRY RULES:

***Qualifying
Times/Eligibility***

Swimmers must have achieved a Division II short course (SCY or SCM) or long course (LCM) qualifying time by the entry deadline for the present meet.

A swimmer with a Division I SC qualifying time in an event is not permitted to swim that same event at Division II SC Championships. However, if a swimmer has a Division I SCM or LCM qualifying time in an event, the swimmer is still eligible to compete in that event at Division II SC Championships.

Swimmers who have achieved a SCM or LCM qualifying time, but not the SCY qualifying time, shall enter with the time they have actually achieved. The entry report must clearly note the submitted time as a SCM or LCM time.

Distance Freestyle Events:

Swimmers with a 1000 freestyle qualifying time may enter the 1650 freestyle event. Swimmers with a 1650 qualifying time may enter the 1000 freestyle event. For such entries, the swimmer shall enter with the event/time they have actually achieved. The entry report must clearly note the submitted event/time as a 1000 or 1650 freestyle.

Please note the following details relative to the 1000/1650 events: These events are limited to swimmers aged 13 and over. Although 13-14 swimmers and 15 and over swimmers will be combined for seeding purposes, the event will be scored separately. Additionally, swimmers must still qualify for the 1000/1650 within their age group. Pursuant to MVS Rule for 13-14 swimmers in Division II SC Championships, 13-14 swimmers shall qualify for the 1000/1650 if they have attained the 13-14 Division II cut, or if they have attained the 13-14 Division I cut but not the Senior Division I cut. Swimmers aged 15 & Over shall qualify for the 1000/1650 using the Division II Senior cut.

Age Classifications

Age of the swimmer on the first day of the meet determines age group classification for the entire meet.

Swimmers must compete in the events for their current age group, except in circumstances meeting the Age-Up Exemption Rule or Special Rule for 13-14 Swimmers.

Age-Up Exemption Rule

If a swimmer has Division I times in their current age group, but the swimmer's 11th, 13th or 15th birthday falls on or after the Division II championship meet, but before the Division I championship meet, and the swimmer does not qualify for the Division I meet in the next older age group, that swimmer may enter the Division II meet in the next older age group in any event in which the swimmer has achieved the Division II qualifying time in the next older age group.

The swimmer must, however, compete in only one age group in the Division II meet.

The entry report must clearly note any such entries.

MVS Rule for 13-14 Swimmers at Division II SC Championships

The Division I SC Championship meet does not offer 200 stroke events (back/breast/fly) or 1000/1650 freestyle events for 13-14 year old swimmers. As such:

- a. 13-14 year old swimmers who have attained the 13-14 Division I time standard – but not the Senior Division I time standard in any 200 stroke event (back/breast/fly) – shall be eligible to swim any such event at the Division II SC Championships.
- b. 13-14 year old swimmers who have attained the 13-14 Division II time standard – but not the Senior Division I time standard in the 1000 or 1650 freestyle events – shall be eligible to swim any such event at Division II SC Championships.
- c. In circumstances where the effected event is a 200 stroke event, the swimmer will still compete in the 13-14 age group. In circumstances where the effected event is the 1000 or 1650 freestyle event, the swimmer will compete in the 13 & Over age group for the 1000/1650 event only.
- a. A team's submitted entry report must clearly note any such entries and detail how the swimmer qualifies for any such entries.

Bonus Swims

Each swimmer achieving a minimum of one Division II qualifying time shall be allowed to enter a maximum of two (2) bonus events in which he/she has not achieved the Division II qualifying time.

Bonus entries are only permitted for 50, 100 and 200 yard events.

Proof of time rules apply to all entries not specifically designated as "Bonus" swims. Thus, if a swimmer has not designated the event as a "bonus" swim, does not swim the qualifying time standard for the event at the meet, and cannot prove attainment of the qualifying time, the swimmer cannot then designate the swim as a "bonus" swim.

For bonus swims, swimmers shall enter as a No Time (NT).

The entry report must clearly note the entry as a bonus swim (NT B).

ENTRY LIMIT:

Swimmers may enter all events for which they are eligible but may swim only three (3) individual events per day. Bonus swims and time trials do count toward the (3) individual events per day rule.

ENTRY PROCEDURES:

Submission Process

All entries must be submitted to the Entry Chair via email kccoachmike@hotmail.com using the host-provided HYTEK meet event file OR an sd3 or hyv HYTEK compatible event file. The email containing the electronic file must also include a text/PDF file showing best times and proof of time. Any special qualifications or entries should be annotated with the necessary information, as indicated above. Please include a phone number and an email address for contact concerning problems with entries.

Deadline

Team entries must be received by the Entries Chair no later than 5pm on Monday, February 22, 2010.

Participation Restrictions

Entries will **only** be accepted from Missouri Valley registered teams and unattached swimmers. Entries from units within a Missouri Valley registered team or entries from individuals within a team are not permitted.

ENTRY FEES:

Entry fees are \$3.50 per individual event. Time trial fees are \$7.00 per individual event. Fees must be paid with the entry and are non-refundable.

Make checks payable to: The Kansas City Blazers

ENTRY CHAIR:

Send fees and entry file/report to:

Mike Lewellyn
1527 NE Westwind Drive
Lee's Summit, MO 64086
816-524-2690
kccoachmike@hotmail.com

PROOF OF TIME:

Date and location of qualifying swim must be clearly indicated for all entries, listed on the text/PDF best times report that accompanies the team's electronic entry. For each entry received without proof-of-time, it will be presumed that "No Proof" is available. Proof-of-Time Penalties are detailed below.

Official meet results for all meets sanctioned by MVS and held within MVS during the 2009 long course season, and the 2009 – 2010 short course season, with the exception of meets held under league blanket sanctions and permitted observed high school swims, will be available at the proof-of-time table for use in proving times. Swimmers and clubs using qualifying swims from meets held outside of Missouri Valley, or in meets held under league blanket sanctions, or in any meet held prior to the 2009 long course season must bring printed copies of final meet results to the meet for use as proof-of-time.

PENALTIES:

Proof-of-Time Penalties

In individual events, if the swimmer does not achieve the slowest qualifying time and cannot prove the entry time, penalties will be assessed as follows:

- 1) For the first missed qualifying time, the swimmer's club shall pay a \$25 fine to the MVS Records Chair or designee. The fine must be paid prior to the beginning of the next day's events.
- 2) For the second missed qualifying time, the swimmer's club shall pay an additional fine of \$50 and he/she shall be barred from the remainder of the meet.
- 3) Swimmers barred from the remainder of the meet are ineligible to participate in all subsequent preliminary swims, both individual and relay, but may swim finals in events in which the swimmer qualified prior to being barred from the meet, with the exception that a barred swimmer may not swim any event, individual or relay, that is to be swum as either a timed final or for which the swimmer's entry time qualifies the swimmer or the swimmer's relay to swim the event with "finals."

The MVS Records Chair may, at his/her discretion, rescind fines upon receiving adequate proof of qualifying swim after the conclusion of the meet. This discretion does not extend to allowing a swimmer to continue to compete who has failed to prove qualifying swims for two events, which did not achieve the slowest qualifying time.

MVS clubs are responsible for all proof-of-time fines incurred by swimmers representing their group and must pay such fines prior to entering future championship competitions sponsored by Missouri Valley.

Over-Qualified Swimmer Penalties

A swimmer who swims in a Division II event in which the swimmer has already equaled or bettered the Division I qualifying time in that specific stroke, distance, and course shall be disqualified from the event and the time shall not be recognized for any USA Swimming purposes. In addition, the swimmer shall be barred from the remainder of the meet and is ineligible to participate in all subsequent preliminary swims, both individual and relay, but may swim Finals in events in which the swimmer qualified prior to being barred from the meet, with the exception that a barred swimmer may not swim any event that is to be swum as either a timed final only or for which the swimmer's entry time qualifies the swimmer or the swimmer's relay team to swim the event with "finals."

SEEDING PROTOCOL:

Entries shall be seeded according to USA Swimming rules. The preliminaries and Timed Finals (except positive check-in events) will be pre-seeded prior to the meet by Hy-Tek Meet Manager. Pyramid seeding, as per USA Swimming Rules and Regulations, will be used in all preliminary heats. Finals will be seeded by Hy-Tek prior to the start of the warm-up session for Finals. Swimmers are considered to be checked in for their events when they send their entries to the meet Entry Chair, with the exception of the 400 IM, 500 free, 1000 free and 1650 free.

Entry times conforming to course length for this championship meet (SCY) shall be considered "conforming times." All other times meeting the appropriate standard shall be considered "non-conforming times." All Bonus entries will be seeded behind all other entries, including non-conforming courses, by virtue of the "NT" designation.

For these Championships, the seeding order is:

1. Conforming Times (SCY)
2. Non-Conforming Times (LCM then SCM)
3. Bonus Swims (“NT” designation)

**CHECK-IN
PROCEDURES:**

Positive check-in is required for the 400 IM, 500 Free, 1000 Free, and 1650 Free. Swimmers must check in with the Clerk of the Course and confirm their intention to compete before the scratch deadline in order to be seeded. Deadlines for check in will be established by the meet Referee. Any swimmer failing to check in may be deemed scratched from the event in the discretion of the Meet Referee.

**MISSOURI VALLEY
SCRATCH RULES:**

Missouri Valley Scratch Rules, detailed below, will be in effect for this meet.

1. Pre-Seeded Events

Each swimmer shall report promptly prior to the start of each race in which the swimmer is entered. Any swimmer not reporting for or competing in an individual timed final event shall not be penalized. Any swimmer not reporting for or competing in a preliminary heat when finals are scheduled shall not be penalized.

2. Deck-Seeded Events

Any swimmer entered in an individual event that is seeded on the deck, in whole or in part, who has checked in for that event, must swim in the event unless the clerk of course is notified before the seeding for that event has begun that the swimmer wishes to scratch. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which the swimmer is entered on that day or the next meet day, whichever is first.

Events seeded on the deck shall be closed for seeding no earlier than thirty (30) minutes prior to the start of the session.

3. Scratching from Consolation Finals and Finals

a) Any swimmer qualifying for a consolation final or final race in an individual event who fails to compete in said consolation final or final race shall be barred from further competition for the remainder of the meet, except as detailed under “Exceptions for Failure to Compete” (see below).

b) In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final when possible with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.

c) Where consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall reseed the consolation final and the final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.

d) If a consolation final has already been contested, the companion final shall be contested without reseeding for the empty lane(s).

4. Exceptions for Failure to Compete -- No penalty shall apply for failure to withdraw or compete in an individual event if:

a) The Referee is notified in the event of illness or injury and accepts the proof thereof;

b) A swimmer qualifying for a consolation final or final race following preliminaries notifies the Referee, or designee, within thirty (30) minutes after announcement of the qualifiers for that final race that the swimmer may not intend to compete and further declares his final intentions within 30 minutes following the swimmer's last individual preliminary event;

c) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

DECK ENTRIES:

The Division II Short Course Championship Meet is a pre-seeded meet; as such, there shall be no deck entries allowed.

**COACHES
MEETINGS:**

Coaches meetings may be held 15 minutes prior to the start of each prelim session and/or other times as requested by the MVS Coaches Representatives, or the Senior Vice Chair, or the Age Group Vice Chair, or as deemed necessary by the Meet Referee.

TIME TRIALS:

Time trials will be held between Preliminaries and Finals on Saturday and Sunday. On Saturday, priority will be given equally to Friday and Saturday events, followed by, if time permits, Sunday events. On Sunday, priority will be given to Sunday events, followed by, if time permits, Friday events, followed by, if time permits, Saturday events.

Time trials are limited to swimmers with a legitimate and reasonable expectation of achieving a Division I qualifying time. Swimmers must compete in at least one (1) individual event in the Division II Championship to be eligible to enter a time trial. Swimmers may swim no more than two (2) individual time trials during the Division II championship. Individual time trial events DO count as one of the swimmer's maximum of three (3) events per day.

Deadlines for Time Trial entries will be established by the meet Referee.

Fees for the Time Trial events are \$7.00 per individual event. These must be paid with the entry and are non-refundable.

**STARTING
PROCEDURES AND
CONDUCT OF THE
MEET:**

The starting procedure and 'no recall' provision of USA Swimming Rule 102.14 shall be used. Flyover starts may be used for all events during preliminary sessions.

The meet will be paced at the discretion of the Meet Referee. At the request of the swimmer's coach and at the discretion of the Referee, at least 15 minutes will occur between swims for the same individual.

**TIMING
ASSIGNMENTS:**

Each club attending is requested to help provide timers, based upon the number of entries from the team. Swimmers must provide their own timers and counters for the 1000 and 1650 freestyle events. Swimmers must provide their own counter for the 500 free.

MEET REFEREE:

To be designated by MVS Officials Chairperson

OFFICIALS:

Every attempt will be made to use Missouri Valley Referees as meet officials, but attending MVS stroke and turn judges should come prepared to volunteer their services. Teams attending the meet should contact the Meet Director with the

names of MVS stroke and turn judges who are available through their team.

There will be an officials meeting 30 minutes prior to the start of each session. All officials working the session must be present at this meeting.

Officials must display a 2010 USA Swimming membership card while acting in any official capacity on the deck of the pool.

MEET DIRECTOR: Kelly Sickle (kjsickle@sbcglobal.net)

SAFETY MARSHAL: To be Determined

PROGRAMS: Meet programs for the timed finals and preliminaries will be in the form of psyche sheets. Entrants in each event will be listed in order of yard entry times, fastest time first. Seeded heat sheets will be available for finals sessions.

AWARDS: Medals for 1st through 8th in individual events. All awards must be picked up by the swimmer or coach by the end of the meet. No awards will be mailed.

SWIMMER INTRODUCTIONS: For the championship finals sessions, athletes will participate in a parade to the blocks and names will be announced either during the parade or behind the blocks.

FINAL RESULTS: Final results will be posted on the Missouri Valley website and may include the swimmer's name, age, times and USA Swimming number.

WARM-UP PROCEDURES & SAFETY GUIDELINES: The meet host will provide a complete schedule of warm-up procedures to include lane usage and times, which must be adhered to by all participants. This information will be distributed with the meet information at registration, posted throughout the venue, announced on a regular basis before and during the meet, and monitored jointly by the Meet Director and Meet Referee (or their special designees).

Marshals will remain on duty for the entire warm-up period. Marshals will be responsible for the control and supervision of the swimmers both in and out of the pool. Encourage your swimmers to cooperate with marshals.

Warm-up procedures may, at the discretion of the host team and consent of the Meet Referee, be modified based on number of swimmers in the meet and other safety and logistical concerns.

Safety Guidelines

- a. Participating teams shall be assigned to specific lanes for the warm-up period based on number of participants.
- b. Swimmers without a coach at the meet must check in with the Referee and will be assigned to a coach during the warm-up portion of the meet.
- c. The coaches of the teams assigned to each lane shall determine the warm-up procedure for that lane.
- d. If coaches in a lane cannot agree on a warm-up procedure, the session referee should be consulted and shall define that lane's procedure. The decision of the session referee will be final.
- e. During general warm-up, swimmers must enter the pool by stepping in feet first, or sitting and sliding in, in a safe and cautious manner. Entering in any other manner may result in the disqualification from one or more of the

swimmer's events for that session.

- f. Swimmers may perform racing starts as determined by the coaches monitoring warm-ups for that lane. Backstroke swimmers shall ensure that they are not starting at the time that a swimmer is on the blocks. Swimmers shall not step onto the starting blocks if a backstroke swimmer is waiting to start.
- g. Coaches shall continually supervise their swimmers during all warm-up sessions.
- h. Swimmers or coaches not following the prescribed warm-up procedures or directions of marshals or USA Swimming officials may be barred from the use of the warm-up area.
- i. When using the side lanes for warming up or down during the meet, swimmers shall not perform racing starts and must circle swim.
- j. Warm-up areas are for the use of USA Swimming registered swimmers only and are not to be used as a cooling off area by spectators.

DECK ACCESS:

Current (2010) USA Swimming membership is required for coaches and working officials to be on deck. Coaches must be current with all safety certifications and background check requirements. At the request of the Meet Referee or special designee, coaches and officials must present their USA Swimming credentials. Persons without a valid 2010 USAS Coach Membership will not be allowed access to the deck area and will not be allowed to participate in any coaching capacity.

SPECTATORS:

To assure coaches and officials adequate visibility of the swimming venue, all spectators, including athletes, are requested to remain four (4) feet or more from the edge of the pool. Swimmers are to use the crash area and not the bleachers during the meet. The bleachers are to be used for viewing the meet when your swimmers are swimming.

SERVICES/VENDORS:

Swim Quik will be selling swim equipment and accessories during the meet. A concession stand will be set up in the crash area in the school cafeteria

Order of Events

DIVISION II SC CENTRAL CHAMPIONSHIPS

Warm-Ups: 4:00 PM	Friday Afternoon	Meet Start: 5:30 PM
<u>Women</u>	<u>Event</u>	<u>Men</u>
1	10 & Under 200 IM	2
3	11-12 200 IM	4
5	15 & Over 200 IM	6
7	13-14 200 IM	8
9	11-12 500 Free	10
11	13-14 500 Free	12
13	13 & Over 1000 Free	14

Swimmers must provide their own timers and counter for the 1000 Freestyle

Warm-Ups: 7:00 AM	Saturday Morning	Meet Start: 9:00 AM
<u>Women</u>	<u>Event</u>	<u>Men</u>
15	15 & Over 500 Free	16
17	10 & Under 50 Fly	18
19	11-12 100 Fly	20
21	13-14 100 Fly	22
23	15 & Over 100 Fly	24
25	10 & Under 100 Free	26
27	11-12 100 Free	28
29	13-14 100 Free	30
31	15 & Over 100 Free	32
33	10 & Under 50 Breast	34
35	11-12 100 Breast	36
37	13-14 100 Breast	38
39	15 & Over 100 Breast	40
41	10 & Under 100 IM	42
43	11-12 100 IM	44
45	15 & Over 200 Back	46
47	13-14 400 IM	48
49	15 & Over 400 IM	50
51	10 & Under 100 Back	52
53	11-12 50 Back	54
55	13-14 200 Back	56

Note: There will be a minimum of two (2) hours between the end of Preliminaries and the beginning of Finals.
Actual starting time for Finals will be announced at the meet.

For qualifying times, see the MVS website at
<http://www.missourivalleyswimming.com/standards/index.asp#mvs>

Warm-Ups: 7:00 AM

Sunday Morning

Meet Start: 9:00 AM

Women

Event

Men

57	15 & Over 200 Breast	58
59	10 & Under 50 Free	60
61	11-12 50 Free	62
63	13-14 50 Free	64
65	15 & Over 50 Free	66
67	10 & Under 50 Back	68
69	11-12 100 Back	70
71	13-14 100 Back	72
73	15 & Over 100 Back	74
75	10 & Under 200 Free	76
77	11-12 200 Free	78
79	15 & Over 200 Fly	80
81	13-14 200 Free	82
83	15 & Over 200 Free	84
85	13 & Over 1650 Free	86
87	10 & Under 100 Breast	88
89	11-12 50 Breast	90
91	13-14 200 Breast	92
93	10 & Under 100 Fly	94
95	11-12 50 Fly	96
97	13-14 200 Fly	98

Note: There will be a minimum of two (2) hours between the end of Preliminaries and the beginning of Finals.

Actual starting time for Finals will be announced at the meet.

Swimmers must provide their own timers and counter for the 1650 Freestyle

For qualifying times, see the MVS website at

<http://www.missourivalleyswimming.com/standards/index.asp#mvs>