

2009 Kansas City “SPLASHDOWN”

Hosted by Swim Academy Blue Waves

DATE: November 13 – 15, 2009

LOCATION: Gladstone Community Center
6901 N. Holmes
Gladstone, MO 64118
Email: communitycenter@gladstone.mo.us
Phone: 816-423-4200

MEET TYPE: Age Group and Senior Timed Finals
One session on Friday
Two sessions each on Saturday and Sunday

SANCTION: Held under the sanction of Missouri Valley Swimming, Inc,
on behalf of USA Swimming, Inc. Sanction No: MV-09-107

POOL: 25 yard, 8 lane pool with non-turbulent racing lane lines. Horn start, with custom designed starting blocks. Daktronics Timing System will be used.
20 yard, 4 lane cool down pool will be available.

RULE

AUTHORITY:

- * 2009 USA Swimming Rules and Regulations and Missouri Valley Swimming Rules will govern the meet.
- * MVS Safety Guidelines and warm-up procedures will apply.
- * All coaches and deck officials must be able to prove, to the satisfaction of the referee, that they hold a current USA Swimming membership.
- * Exhibition swimming is not allowed.
- * All swimmers must be registered and in good standing with USA Swimming for 2009.
- * The swimmer's age on the first day of the meet determines his/her age for the entire meet.
- * Swimsuits worn by all 14 & under competitors shall not cover the neck, extend past the shoulders, nor below the knee. Suits worn in competition must be non-transparent. The use of more than one swimsuit at a time is prohibited, as well as any competition suits not on the FINA approved list. The Referee shall have the authority to bar offenders from the competition until they comply with the rule.”

SEEDING:

- * Entry times must be “Yard” times only.
- * “No Time” entries will be seeded in the slowest heats.
- * The meet will be pre-seeded, with the exception of the 500 Free, 1000 Free and 400IM.
- * For these events, positive check-in will be required, heats will be swum fastest to slowest, alternating Women then Men and swimmers will be expected to provide their own timers and counters.
- * There will be a break before the start of the 1000 Free and 400IM.

ENTRIES:

- * Friday: 8 & under swimmers are limited to Four (4) individual events and 1 relay. 12 & under and Open swimmers are limited to Two (2) individual events and 1 relay.
- * Saturday & Sunday: Swimmers are limited to Four (4) individual events and 1 relay each day.
- * **Swimmers are limited to 1 session per day, on Saturday & Sunday.**

- * Entries should be submitted on Hy-Tek format with entry times in yards.
- * USA Swimming registration number for all athletes MUST be included with the entries or the entries will not be accepted.
- * Entries will be limited to the first 500 swimmers, based on date and time that entries are received. Teams will not be split.
- * E-mailed Hy-Tek zip files will be accepted as described in “Entry Deadline” below.
- * Hy-tek event list download will be available on the MV website.

ENTRY FEES:

- * Individual events are \$3.50 per event. Relays are \$5.00 per relay team.
- * Make checks payable to Kansas City Swim Academy or KCSA.
- * Deck entries will be accepted, at the discretion of the referee and must be turned in 30 minutes prior to the start of the session. The fees are \$7.00 per individual event and \$10.00 per relay.

ENTRY

DEADLINE:

- * Entry chair must receive entries by **6:00pm on Wednesday, Nov. 4, 2009.**
- * All team’s entries must include the coach’s name and contact information and that of the team’s entry chairperson, if different than the coach.
- * **Email entries to: ramsgate1@sbcglobal.net**
- * Entry Chair: Sandy Miller 816-985-4534

AWARDS:

- * Individual: Ribbons: 1st – 10th Relays: Ribbons 1st – 3rd (Fri PM awards will be split for 10-U, 11-12, and 13-14 age groups.)
- * “Fastest Human - 50 FREE”: Trophies will be given to the fastest male and female in each age group (8-U, 9/10, 11/12, 13/14, and OPEN)
- * “Endurance Award”: Trophies will be given to the fastest female and male in each of these events: 8-U 50Fly, 9-10 100 Fly, 11-12 100 Fly, 13-14 500Free, Open-1000 Free.

OFFICIALS:

Meet Director: Steph Gartenberg 913-645-4056
stephanie.gartenberg@genzyme.com
 Referee: Joe Ogilvie jogilvie66215@everestkc.net
 Admin. Referee: Mike Asbury
 Safety Marshall: Staci Elliott

- * Any official interested in working the meet, please contact Joe. All help will be greatly appreciated.
- * An official’s meeting will be held 30 minutes prior to each session.

START TIMES:

Friday PM: Warm-up: 3:00PM Meet Starts: 4:15PM
AM Sessions: Warm-up: 7:00AM Meet Starts: 8:15AM
PM Sessions: Warm-up: will begin immediately after AM session but no earlier than Noon
 Meet Starts: no earlier than 1:15PM.

COACHES

MEETING:

- * At the discretion of the referee, a coaches meeting may be held 15 minutes before the morning session.

WARM-UP:

- * Lane assignments will be emailed to the coaches prior to the meet and will be contained in the coaches packets.
- * Swimmers may not dive into the pool during general warm-up. Swimmers must enter the pool by stepping in feet first, or sitting and sliding in, in a safe and cautious manner. Entering in any other manner may result in the disqualification from one or more of the swimmer’s events for that session at the discretion of the Meet Referee. Swimmers may dive during a designated sprint warm up.

CONCESSIONS: * Full concessions will be available during the meet.

MEET RESULTS: * At the conclusion of the final session, meet results will be available for any coach who provides a USB memory stick.
* Finals results will be posted on the Missouri Valley website and may include the swimmer's name, age, times, and USA swimming number.

CLERK OF THE COURSE: 8 & Unders Only – Near Diving Boards

SEATING/CRASH AREA: Saturday & Sunday only: Spectators will occupy the concrete stands on the West side of the pool. Swimmers must crash in the metal stands on the East side of the pool, where the coaches are located.

ORDER OF EVENTS – DAY 1 – NOVEMBER 13, 2009

Friday PM: Meet starts 4:15PM

Women	Event	Men
1	8 & under 100 Free Relay	2
3	Open 400 Free Relay	4
5	8 & under 25 Back	6
7	12 & under 200 Free	8
9	8 & under 25 Breast	10
11	Open 200 Free	12
13	8 & under 25 Fly	14
15	12 & under 200 IM	16
17	8 & under 25 Free	18
19	Open 200 IM	20
21	* Open 500 Free	22

* Limited to 32 women and 32 men for a total of 64 swimmers but may be combined to fill in heats. Positive check-in required and swimmers must provide their own timers and counters.

ORDER OF EVENTS – DAY 2 – NOVEMBER 14, 2009

Saturday AM: Meet starts 8:15AM

Women	Event	Men
23	9-10 100 Free	24
25	11-12 100 Free	26
27	9-10 50 Fly	28
29	11-12 50 Fly	30
31	9-10 50 Back	32
33	11-12 50 Back	34
35	9-10 100 Breast	36
37	11-12 100 Breast	38
39	9-10 200 Medley Relay	40
41	11-12 200 Medley Relay	42

ORDER OF EVENTS – DAY 2 – NOVEMBER 14, 2009**Saturday PM: Meet starts no earlier than 1:15PM**

Women	Event	Men
43	Open 200 Back	44
45	8 & under 100 IM	46
47	13-14 100 Free	48
49	Open 100 Free	50
51	8 & under 50 Free	52
53	13-14 100 Fly	54
55	Open 100 Fly	56
57	8 & under 50 Back	58
59	Open 200 Breast	60
61	8 & under 100 Medley Relay	62
63	Open 200 Medley Relay	64
	*** BREAK ***	
65	* Open 1000 Free	66

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ORDER OF EVENTS – DAY 3 – NOVEMBER 15, 2009**Sunday AM: Meet starts 8:15AM**

Women	Event	Men
67	9-10 50 Free	68
69	11-12 50 Free	70
71	9-10 100 Fly	72
73	11-12 100 Fly	74
75	10 & under 50 Breast	76
77	11-12 50 Breast	78
79	9-10 100 Back	80
81	11-12 100 Back	82
83	10 & under 100 IM	84
85	11-12 100 IM	86
87	9-10 200 Free Relay	88
89	11-12 200 Free Relay	90

ORDER OF EVENTS – DAY 3 – NOVEMBER 15, 2009**Sunday PM: Meet starts no earlier than 1:15PM**

Women	Event	Men
91	Open 200 Fly	92
93	8 & under 50 Fly	94
95	13-14 50 Free	96
97	Open 50 Free	98
99	8 & under 100 Free	100
101	13-14 100 Breast	102
103	Open 100 Breast	104
105	8 & under 50 Breast	106
107	13-14 100 Back	108
109	Open 100 Back	110
111	Open 200 Free Relay	112
	*** BREAK ***	
113	* Open 400 IM	114

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