



The Blazer KANSAS CITY BLAZERS SWIM TEAM

COMMITMENT TO EXCELLENCE



Eternal Loyalty

Passion Education

Discipline Dedication

Commitment Leadership

Excellence

June 2010 Edition

Page 1

Mare Nostrum- Barcelona, Spain June 9-10, 2010

Inside This Edition

- Page 1– Mare Nostrum
- Page 2 through 9 – Swimmers of the Month
- Pages 10 through 11 – Blazer Honor Roll
- Pages 12 through 15 – Meet Write-ups
- Page 16 through 17 – Thanks to our Sponsors, Advertisers and Booster Families

A Speedo Sponsored Team



The Mare Nostrum Series is a succession of three meets in Europe during June. There are meets in Monaco, Spain, and France. These meets are similar to the USA Swimming Grand Prix meets. Several Olympians and world record holders competed in these meets. Shannon Vreeland had the opportunity to compete in the Barcelona, Spain leg of the Mare Nostrum Series as a member of the National Youth Team. Shannon earned a spot on this team by having the 5th fastest 100m freestyle of all 18 & under women in the United States. This is her second consecutive year on the National Youth Team.

This was a fun trip that allowed Shannon to gain valuable experience swimming internationally while competing against the top swimmers in the world. Shannon swam very well in Barcelona. She competed in the 100m fly, 400m im, 200m free, 100m free, 200m im, and the 400m free. Even though she was unrested for this meet, Shannon was able to swim faster in some of her events than she did at the Missouri Grand Prix and Sectionals meets in the spring.

Congratulations on doing an outstanding job of representing the USA and the Blazers! You are on the right path for success this summer and beyond. We are very proud of you.

MOST INSPIRATIONAL SWIMMERS

MOST INSPIRATIONAL SWIMMER OF THE MONTH

KCB EAST – BLUE

MAY 2010 – PHILLIP O'LARTE



Phillip O'larte
Missouri Blue
11 Years Old

He seems to have a really strong grasp on his goals lately; and even better, he has made the connection between his practice habits and how he competes at meets. Or, more precisely, he seems to have started viewing every practice as a competition. Not so much a competition to be the fastest to every wall, although I'm sure that is a factor. But, the part that makes him shine is that he also seems to have made it a competition to push just a little bit harder than he thought he could and to commit to that one extra good habit throughout practice, even at the end of a hard set. He really seems proud of himself during practice, and we're proud of him, too.

Congratulations Phillip!

Coach Ann
Coach Mike

MOST INSPIRATIONAL SWIMMER OF THE MONTH

KCB EAST – GOLD

MAY 2010 – DANNY HYNES



Danny Hynes
Missouri Gold
15 Years Old

The "Most Inspirational Swimmer of the Month" award is given to swimmers that make the attendance, work hard, and are making a daily effort to be better than yesterday. Sometimes no one is making the attendance percentage but we will never take someone who is not working hard.

Something happened to Danny Hynes in May. After struggling in March and April, Danny walked in the door on May 1st and was a whole new swimmer. He was better on deck. He was faster in swimming and kicking. He was thinking about stroke technique at a higher level each day. Little things that used to take him out of an entire practice now only took him out for a few yards.

Danny quietly made strides each day. He slowly built up his FIP sets and his kick sets got faster. By the end of the month Danny was in the fast Gold lane, right next to the Senior Group lanes, and was swimming faster than the Senior Group kids. When doing common sets Danny has been the fastest male in the pool on a regular basis during the month of May.

With Zones and Sectionals looming, Danny could be the hottest swimmer on the team going into the championship phase. And because of that he is the Most Inspirational Swimmer of the Month.

Thanks for the inspiration, Danny!

Coach Mike Lewellyn
Coach Ann Gibler
Coach Skyler Lennan

MOST INSPIRATIONAL SWIMMER OF THE MONTH
BLUE VALLEY NORTH – ADVANCED BLUE
MAY 2010 – FAITH KOPECKY



Faith Kopecky
Advanced Blue Group
9 Years O

Faith has made important strides in her swimming this spring. When she moved up to this group in the fall, it was almost like starting all over again because of the increased demands of being in this group. She is now one of the leaders of the group, as she regularly leads the lane and sets the tone for others around her. She is more competitive in practice, and she is demanding more from herself each day. She is not content to follow the lead of others, but rather she is setting the bar high for herself. In doing so, she is bringing others along with her, as they strive for the same excellence in practice that she does.

The increased focus and intensity in practices have translated into faster swimming for Faith at recent meets. She has achieved several new USA time standards, and she already has 4 Division II cuts for this season. And she still has another year in this age group! She is well on her way to an outstanding season, and she shows no signs of slowing down.

In addition to her swimming focus, Faith is a talented singer, performing in many area productions. Congratulations, Faith!

Coach Marjorie

MOST INSPIRATIONAL SWIMMER OF THE MONTH
BLUE VALLEY NORTH – GOLD
MAY 2010 – ISAAC POWELL



Isaac Powell
Gold Group
14 Years Old

Isaac is a highly focused and competitive young man who has aimed his sights high in the pool. He has always been a diligent worker, but this spring he has even ramped it up more than ever before. He practices with attention to detail, always aware of his times and how they relate to his goals, and is willing to push himself FAR past his comfort level in order to achieve his goals. His leadership at practice has raised the bar for others, and the result is a wonderful group dynamic. Isaac also regularly completes his dry land portion of practice with focus and energy.

At meets, his focus and intensity have translated into consistently outstanding performances this season. So far this season he has had 24 out of 28 best times, and he has achieved several new USA times standards at the AA and AAA level. He is diligently preparing himself for the move up to the 15-16 age group later this summer, and he will be better prepared than most.

Congratulations, Isaac! We appreciate your efforts and leadership!

Co-winner for May 2010 – Michael Semidubersky
Honorable mention: Tiffany Liu and Kent McDonald

Coach Marjorie

MOST INSPIRATIONAL SWIMMER OF THE MONTH
BLUE VALLEY NORTH – GOLD
MAY 2010 – MICHAEL SEMIDUBERSKY



Michael Semidubersky
Gold Group
14 Years Old

Michael has made significant strides in his swimming all year long, and this spring has been especially productive. Michael began the year as a new member to the Gold group, and now he is one of the fastest, hardest workers in the group. He swims on the fastest intervals and can often be found leading the lane. Besides working hard, Michael has dedicated himself to improving his technique, particularly with his butterfly. These changes have not come easy, but Michael has stuck with it, determined to be a better, faster swimmer. The results of this work and attitude have been significant. At meets this spring, Michael has achieved several new A and AA time standards, and he has a whopping 90% improvement of times at meets this season with 19/21 best times so far!

He shows no signs of slowing down, and it is gratifying to see him swim faster than even he thought possible. Michael has set himself up nicely for a fantastic season, and he will be one to watch at championships.

Congratulations, Michael!

Coach Marjorie

MOST INSPIRATIONAL SWIMMER OF THE MONTH
BLUE VALLEY WEST – BLUE
MAY 2010 – JACK WEBER



Jack Weber
Advanced Blue Group
12 years old

May is a crazy month in many ways. School is ending, the weather is doing weird things and the summer is getting closer and closer on the horizon. For many of our swimmers in the Blue groups, it was difficult to tell if swimming was still on their minds. We did not have anyone in the Advanced Blue that stood out with regards to attendance. With only one long course meet in May, we were looking for someone to do something, anything to inspire us.

At the Early Bird meet in Lee's Summit the weekend of May 14-16, we found that inspiration. It was Jack Weber's first ever "A" time in the 50 Meter backstroke. This qualified him for the Columbia meet in June. When asked if he wanted to go to that meet, he responded "you bet I do!" And he's swimming morning practices at Roeland Park in June to get ready for it. Good idea!

Coach Derek, Rodney and Pat

MOST INSPIRATIONAL SWIMMER OF THE MONTH
BLUE VALLEY WEST – SENIOR GROUP
MAY 2010 – HELENA BERTELS



Helena Bertels
Senior Group
16 years old

Sometimes, inspiration is found at a swim meet when someone has a breakout performance. However, the most inspirational swimmer in the senior group in May was one who hasn't been to a meet in a long time. Actually, Helena Bertels has not been able to compete since before her shoulder surgery last March. For over a year, she has been on a heavy kicking regime and lots of ice, drills, pain and often, frustration.

Throughout, Helena has had a better attitude than anyone could expect her to, and she's complained even less than she has a right to. In May, the coaches received a multitude of excuses from our teen aged swimmers why they have to miss practices or get out early. Thus far in Phase III, NO Senior swimmer has been to more practices than Helena. While able-bodied swimmers are finding many reasons to miss practice, Helena has continued to find reasons to be at practice.

Her tenacity is paying off. She has been able to swim workouts with increasing duration and frequency. Her strokes have been rebuilt with more reliance on kicking. While she was nervous to do her first T-30 swimming in over a year, she performed better than most of the group, turning in a 98-length performance (one shy of her lifetime best). We may not have seen Helena competing at any meets for a long time, but she continues to be a positive addition to every practice she attends (minus the excess chatting). Keep it up, Helena!

Coach Derek, Christie and Pat

MOST INSPIRATIONAL SWIMMER OF THE MONTH
CALIFORNIA TRAIL – NOVICE
MAY 2010 – JACK SPITLER



Jack Spitler
Novice Squad
10 Years Old

Jack Spitler has grit! This spring, at California Trail, Jack became a regular at practice when he launched his competitive swimming career as part of the CT Spring Tune-Up program. Quick to learn, ever-ready with enthusiasm, and tackling challenges left and right, Jack quickly improved and set his sights on joining the Blazers for our 2010 Long Course Season.

Once Jack determined he was Blazer-ready, he never looked back! He spent the weeks of May honing his racing skills – starts, turns and finishes. He also persevered through some longer, challenging training, worked up some thunderous kicking ability, and gleefully launched into the water for each and every racing set. Jack's enthusiasm is contagious – he can bring a smile to teammates and coaches alike. Indeed, his positive attitude, ever-ready willingness to learn, and his mindset that no challenge is too tough have lead to his selection as Swimmer of the Month. Jack is an inspiration for the entire California Trail site.

Keep up the great job!

Coach Megan

MOST INSPIRATIONAL SWIMMER OF THE MONTH
CALIFORNIA TRAIL – ADVANCED BLUE
MAY 2010 – ANDY MAGINN



Andy Maginn
Advanced Blue Squad
11 Years Old

Open to coaching, always attentive, a great teammate and leader – these are just a few of the characteristics that describe the California Trail Most Inspirational Swimmer of the Month, Andy Maginn. His progress from mid-September to now has been steady, each week bringing mastery of a new skill or concept. And, his persistence has served him well, as Andy consistently improves his times and race strategy every time he steps to the blocks.

But, what really sets Andy apart is his commitment – since returning from spring break and beginning long course season, Andy is a constant face at practice. Like clockwork, he shows up at the pool daily, eager to improve himself in all that he does. Andy is also a willing coach – meaning, when his teammates are struggling with a new skill, he is always ready to watch them and provide constructive feedback. In turn, Andy has really developed an eye for movement that he can then apply toward his own skill improvement. And, Andy’s enthusiasm is contagious – his ever ready smile and positive attitude makes practice a fun place to be! Andy’s increased commitment, interest in his teammates, individual coachability and positive attitude have led to his selection as Swimmer of the Month. Andy is an inspiration for the entire California Trail site.

Keep up the great job!

Coach Megan

**MOST INSPIRATIONAL SWIMMER OF THE MONTH
SHAWNEE MISSION NORTH / ROELAND PARK – BLUE
MAY 2010 – PIPER SCHUERMAN**



Piper Schuerman
Blue Groups
10 Years Old

The month of April was an unusual month in that our attendance was down due to other sports starting up and end of the school year activities. With the lower number of swimmers in attendance we had a higher number that were more committed and worked with greater diligence towards achieving their goals. There were a number of swimmers that showed enough good leadership and drive to be considered for “Swimmer of the Month”, but the swimmer that rose above the rest was Piper Schuerman. Her enthusiasm for the sport and her drive to get better was noticed by all the coaches and found to be truly inspiring. Piper comes into practice every day ready to do her best work to improve. Piper always responds to instruction with an eagerness to learn, a positive attitude, and tries her best to implement the changes necessary to achieve excellence. Piper loves to compete and at our first long course meet in Topeka, Piper achieved 6 new best times, while dropping significant time off her previous best times.

Have a great summer,

Coach Henry

MOST INSPIRATIONAL SWIMMER OF THE MONTH
SHAWNEE MISSION NORTH – GOLD
APRIL 2010 – RILYE FRIES



Gold Group
Rilye Fries
13 Years Old

Rilye Fries is on the comeback trail and in a big way. This has been a hard year for Rilye especially with regards to her health. Rilye was diagnosed with shoulder tendinitis in November and began receiving treatment for the tendinitis. We originally believed this to be only an injury due related only to her shoulder. Then the pain begin to spread seemly randomly throughout her body. The doctors began to run test resulting with no answers. At times the pain was so intense there were days she could not attend school. Fortunately, the pain gradually subsided leading the doctors to believe it was some virus that attacked the joints and connective tissue. The upshot to all of this, from a swimming standpoint was Rilye's swim season was decimated. She would practice when she could during her illness, but the number of practices Rilye was able to attend was very few and usually very short in duration.

I chose Rilye as my "Swimmer of the month" because of the way she has rebounded back from her health issues. I know these kinds of setbacks can be very discouraging and they present many opportunities to just quit. While Rilye may have been disheartened she was not defeated and she has shown the commitment, resolve, and determination to renew her drive towards excellence in swimming. While Rilye almost had to start over from a training aspect she has bounced back surprisingly quickly. This was achieved by a strong desire to excel and through great determination and perseverance. Rilye recently competed in Voorhees Maxfield meet in Topeka where she showed her competitors she was back. This was Rilye's first meet since last (December) and while she did not achieve all best times it did serve as a warning to her rivals to watch out. I am very proud of Rilye's efforts to deal with her struggles, but I am also very pleased to observe all the support and encouragement she received from her parents and teammates. They were there when she needed them and to me that is what being a team all is about. We are all stronger and capable of so much more when our friends and relatives are there to support us. While we don't know how Rilye's long course season will end up we all know the Riyle is in it to win and will be there when it counts.

Have a great summer,

Coach Henry

MOST INSPIRATIONAL SWIMMER OF THE MONTH
SHAWNEE MISSION NORTH – GOLD
MAY 2010 – AFTON APODACA



Blue/Gold Groups
Afton Apodaca
13 Years Old

This month's "Swimmer of the Month" Afton Apodaca is actually a combination of the Gold and Blue groups. While Afton is officially on the Xtreme Blue group she just about always swims with the Gold group and does their practices. Despite being anemic and sick a good bit of the year Afton while frustrated continued to

persevere and work her way back. The better her health became, the more positive her attitude and the better she would perform in practice. It was so gratifying to see Afton rebound back and watch her improve week by week.

Afton is a team player. She is easy to get along with, has a good sense of humor, always works well with the others in her lane, and is quickly becoming one of the leaders in the group. She is very enjoyable to coach and I'm looking forward to seeing how much improvement her work will yield this summer. Afton is now 13 years old and I believe is poised to realize much more of her swimming potential. This summer and the upcoming year are going to be very important to Afton's development and it is comforting to know she is going meet the many challenges with energy, enthusiasm and a desire to do her very best. Good luck Aftanater it has been a pleasure to have coached you this year and I am looking forward to the continued opportunity to have you as a Blazer team member.

Have a great summer,
Coach Henry

MOST INSPIRATIONAL SWIMMER OF THE MONTH
ELITE
MAY 2010 – BEN BRAVENCE



Ben Bravence
Olathe East HS
16 Years Old

Over the past month, Ben has established himself as one of the truly elite trainers of our program. Each day, he can rise to the occasion, and challenges himself even in the toughest of conditions. His dedication and commitment to becoming the best swimmer he can be is truly a model for all athletes in our program. In addition to his hard work, Ben does an excellent job of cheering on his training partners, and lends support to help them achieve as well. We are excited to watch him work, and we are confident that he will get the most out of this summer. Congratulations, Ben!

Scott Bliss
Maggie Kroemer

BLAZER HONOR ROLL



Anderson, Amy	Finzen, Isabelle	Lombardo, Alex	Rohde, Steven
Angell, Hannah	Fisher, Jacob	Lunsford, Cara	Schloegel, Mia
Angell, Sydney	Flottman, Jenna	Lytle, Joe	Schmidt, Nick
Arteberry, Sam	Flottman, Garrett	Ma, Mykell	Schwartz, Gillian
Aruna, Ganesh	Foust, Alexandra	Maginn, Andy	Senneff, Ellie
Arvesen, Brody	Freshnock, Sarah	Maginn, Heath	Shonkwiler, Katie
Asnicar, Jacob	Fries, Rilye	Magsamen, Ellie	Sickle, Kat
Bachar, Austin	Fries, Marston	Manning, Riley	Smith, Adam
Bajich, Mary	Garies, Augusta	Massey, Kevin	Smith, Haley
Bajracjarya, Amira	Gates, Caroline	McClelland, Paige	Snyder, Jack
Banwart, Spencer	Gettys, Georgia	McClelland, Claire	Snyder, Kate
Bartnett, Kara	Glenn, Michael	McConathy, Jack	Spangler, Matt
Bergeron, Lexi	Goeke, Max	McConnell, Zach	Spencer, PJ
Blackburn, Cade	Goforth, Lexie	McCully, Madeleine	Sreedhara, Padmini
Bond, Becca	Gorham, Thomas	McDonald, Kent	Steffensmeier, Jade
Bonge, Quinn	Gorn, Sarah	McDonald, Carly	Steuermann, Mickey
Bonicelli, Cory	Grover, Sayan	Mehta, Heer	Strickland, Colin
Boyd, Sam	Gupta, Swapnil	Mehta, Shrusti	Stublen, Andrew
Bravence, Ben	Harmon, Lexi	Merriman, Joely	Stublen, Elizabeth
Bravence, Hunter	Harmon, Austin	Miller, Kylie	Stublen, William
Bravence, Mackenzie	Harohalli, Saurabh	Morris, Shale	Sumner, Jordan
Bresette, Ethan	Hartweger, Mary	Nandhans, Prthik	Swetnam, Andrew
Bresette, Liam	Hearl, Christopher	Narasimhamurthy, Himadri	Tittle, Olivia
Bresette, Sydney	Henderson, Brent	Narayan, Rathi	Tittle, Alaina
Brimacombe, Grace	Hinde, Bryce	Narayanan, Shyam	Tittle, Aidan
Bruck, Sam	Hoisington, Nathan	Narayanan, Shivats	Tittle, Isabel
Bruhl, Hailey	Hosick, Madeleine	Neeley, Mackenzie	Torkelson, Aubrey
Burton, Jacob	Houghton, Beth	Nguyen, Frances	Vahle, Katie
Butler, Syndey	Houghton, Adam	Nutter, Alexandra	Vakshteyn, Katya
Butler, Delaney	Huffman, Ally	O'Larte, Jeffrey	Verekhman, Ilya
Butler, Mallory	Hutchison, Charlie	O'Larte, Phillip	Walewicz, Paula
Cao, Kevin	Hutchison, Rosie	Osbern, Carolyn	Wang, Henry
Chen, Michelle	Johnsen, Logan	Palmeter, Hannah	Watson, Jake
Clark, Cameron	Johnstone, Abbey	Pankratz, Daniel	Watson, Sarah
Cohen, Jamie	Johnstone, Jared	Pankratz, Kami	Weber, Jack
Connelly, Emma	Kenny, Cole	Parrish, Kelly	Weber, Sam
Cunningham, Tyler	Kim, Eric	Patterson, Lucy	Weber, Charlie
Cwach, Rachel	Kindred, Maria	Paulk, Sophie	Williams, Claire
Danisi, Nicole	Klein, Sadie	Parrish, Kelly	Willyard, Vanessa
Davis, Shelby	Kopeccky, Kyle	Peterson, Lauren	Woelbel, Julia

Dean, Katie	Kopecky, Faith	Peterson, Kelly	Wooden, Allie
Dilts, Jacey	Kratochvil, Sam	Peterson, Sam	Woody, Caroline
Donnelly, Mary Frances	Laflin, Samantha	Pluenneke, Jack	Wormington, Emma
Dudley, Monica	Laflin, Tyler	Poterbin, Tessa	Xue, Ben
Easley, Maddie	Lee, Justin	Prosser, Ali	Xue, Jason
Easley, Gwynne	Lee, Austin	Ramanujan, Shaurir	Young, Lizzy
Einspahr, Kristen	Lee, Ian	Ramanujan, Suruchi	Yu, Kaitlin
Emerson, Tanner	Liu, Elizabeth	Rastogi, Aditi	Zhao, Andrew
Emerson, Kylee	Liu, Edward	Reynolds, Rachel	Zhou, Michael
Fast, Kelli	Lode, Elexyss	Rohde, Emily	Zink, Jack
Fast, Erin			

MEET WRITE_UPS

BEACH BASH JUNE 4-6, 2010

The Blazers started off our summer months in traditional style, heading to Topeka for the annual Beach Bash Invite on June 4-6, 2010. Beginning on Friday morning, several courageous Blazers raced for gold in the 1500m free. Joined by the rest of the team on Friday afternoon, Blazer athletes and their families had a great time, swam through the heat and humidity to several stellar performances, and concluded our first outdoor meet of the season on Sunday evening. The meet atmosphere was characterized by enthusiasm, excitement, and to the chagrin of the coaches, a handful of sunburns! Athletes are reminded to manage their meet well: quite simply, stay out of the sun, wear protective clothing, lather on the sunscreen regularly, and be sure to drink lots of fluids! It was a rather warm weekend, but the atmospheric heat paled in comparison to the Blazer prowess in the pool. Overall, the Blazers took gold in 37 events! Thanks to all the athletes and families for making Beach Bash 2010 an event to remember!

NEW TIME STANDARD ACHIEVEMENTS		
New AAAA Times	New AAA Times	New AA Times
McDonald, Kent	Angell, Sydney	Angell, Sydney
	McDonald, Kent	Bresette, Liam
		Brown, Karah
		Brull, Hailey
		Danisi, Nicole
		Gates, Caroline
		Musser, PJ
		Powell, Isaac
		Sevcik, Amy
		Strickland, Colin

New A Times		
Angell, Sydney	Gates, Caroline	Powell, Isaac
Barany, Taylor	Gettys, Georgia	Raymond, Sarah
Breidenthal, Hallie	Holbrook, Aidan	Ringel, Julia
Brown, Karah	Holbrook, Zach	Schuerman, Piper
Brull, Hailey	Hutchison, Rosie	Schwartz, Gillian
Drew, Sidney	Johnstone, Abigail	Semidubersky, Michael
Eldakak, Yousef	McDonald, Kent	Sevcik, Amy
Finzen, Isabelle	McMonigle, Ryan	Snyder, Jack
Gabel, Cameron	Morris, Ben	Spoolstra, Hannah
Garies, Augusta	O'Hearne, Ally	Strickland, Colin
	Peterson, Lauren	

MAL SENIOR INVITE
JUNE 4-6, 2010



A new meet of sorts had a maiden voyage this June. The MAL Senior Invite, hosted at the new Lee's Summit Aquatic Center, gives our team an opportunity to race multiple events in a short period of time against quality competition with the luxury of sleeping in our own beds. Columbia Swim Club and Swim Academy Blue Wave attended the meet in its first year, and we are hoping to grow it into an excellent training meet for high level athletes. The athletes gave some very tired but determined performances, and we were able to walk away with a little more knowledge regarding their fitness and attention to fundamentals at the midpoint in the season. We would like to thank the many amazing parents that volunteered to officiate, time, provide hospitality, and cheer everyone on as the weekend progressed.

DAD'S DAY DUNK
JUNE 18-20, 2010



Dad's Day Dunk Meet
June 18 - 20, 2010

Thank you to all the swim dads who spent Father's Day at the meet, and congratulations to the Houghton and Bravence families for winning the Dad's Relay events!

Our swimmers did a great job of managing themselves at the meet. For the most part, they were staying out of the sun, warming up and cooling down on their own, and staying adequately hydrated. They were really good about coming to talk to the coaches after every race, even though they were not necessarily coming to speak to their everyday practice coach; and we were happy to see that many of them were really listening to the advice given, and applying it to future events. Their commitment to good meet habits paid off, and we had a lot of best times and new time standards achieved.

Event winners: Ben Koeller (800 Free, 200 Back, 200 Free)

Swimmers who achieved new time standards:

New Division 1 times: Mackenzie Bravence (50 Fly), Kadisyn Kircher (100 Back), Ben Koeller (200 Fly), Josh Littell (400 Free).

New Division 2 times: Afton Apodaca (200 IM), Sam Boyd (200 Free), Cassidy Branton (400 Free), Mackenzie Bravence (200 Free), Alexis Emery (100 Back), Andrew Goode (400 Free), Michael Haynes (200 Breast, 100 Free), Madeleine Hosick (200 IM), Adam Houghton (100 Breast), Kadisyn Kircher (200 IM, 200 Free), Josh Legge (50 Back), Zach Littell (100 Free, 100 Back), Riley Manning (800 Free, 400 Free), Claire McClelland (100 Free), Joe Mcguire (50 Fly), Madison Moore (50 Free),

Kaden Morash (200 IM, 50 Breast, 100 Breast), Kailey Morash (100 Free), Brian North (50 Free), Fee Pauwels (400 Free), Madison Ruffalo (400 Free), Mia Schloegel (200 IM, 200 Free), Piper Schuerman (200 IM), Aidan Tittle (100 Breast), Ben Xue (100 Breast), Jason Xue (100 Breast).

New 'AAA' times: Ben Koeller (50 Free).

New 'A' times: Michael Haynes (50 Free), Beth Houghton (400 IM), Ben Koeller (200 Breast), Josh Littell (200 IM, 200 Free, 50 Free).

New 'B' times: Sam Boyd (100 Fly, 100 Back, 100 Breast), Tyler Cunningham (200 Free), Kathleen Deedy (200 IM), Sarah Gorn (100 Breast), Michael Haynes (100 Fly), Adam Houghton (100 Breast), Josh Legge (50 Back), Zach Littell (100 Fly), Riley Manning (200 Back, 200 Breast, 100 Back), Claire McClelland (50 Back), Malerie Moore (50 Breast), Kaden Morash (200 Free, 50 Breast, 100 Breast), Sage Murphy (200 IM, 100 Free), Alexandra Nutter (200 Breast), Fee Pauwels (400 Free), Steven Rhode (200 Free), Carolyn Shonkwiler (200 IM, 50 Breast), Hannah Spencer (200 IM, 200 Free), Sarah Watson (200 Free).

Congratulations!

CSC INVITE
JUNE 18-20, 2010



The Columbia Swim Club summer invitational has become a very big meet with teams coming into the center of Missouri from the St. Louis area, Nebraska, Kansas, even as far away as Colorado. This year's meet was a long one, but a productive one for the Kansas City Blazers. By the end of the meet, the Blazers ended up with the team trophy edging out the host team by a little over 800 points, but there were a lot of good swims in between.

While this is by no means our best meet of the season, or should it be, we had a few event winners who were the best of the rest – Ben Bravence – 200 Free; Nate Ladner - 100 Breast; Liam Bresette – 50 Free, 100 Free; Haley Brull – 50 Breast; Hannah Palmeter – 50 Fly, 50 Back; Tiffany Liu – 50 Free, 100 Free; Bryce Hinde – 200 Breast; Haley Hynes – 100 fly; Hannah Musser – 200 I.M.; Nathan Hoisington – 200 I.M.

At the meet, they combined the 12&Unders for racing and divided them out for scoring. The same was true in the afternoons with all the 13&Overs being split out for 13-14 and Senior. Because the age groups were mixed, we had some really good races that were not always heat winners. Liam Bresette broke at least one meet record as a 10&Under racing 11-12 year olds (though the meet records were not available at the time this went to print). We also had a lot of Blazers moving up a level and earning new time standards. Some of these were easily noticed as they were winning their heats. Others, were not so obvious, but by the end of the meet, we had a very large number of people stepping up to new levels: Brody Arvesen – AA – 50 Free; A – 200 Free, 400 Free; Spencer Banward – AA – 100 Free, 200 Free, 200 Back; A – 400 I.M.; Taylor Barany – AA – 100 Free, 400 Free; Ben Bravence – AA 100 Back; Hallie Breidenthal – AA 400 Free; Ethan Bresette – AAA 200 I.M., 400 I.M.; Liam Bresette – AAA 50 Free, AA 50 Breast; Karah Brown – AA 200 Free, 400 Free, 200 I.M.; Haley Brull – AA 50 Back, 100 Back, 50 Breast; Sydney Butler – A 200 Free, 400 Free; Sydney Drew – A 200 Breast; Carolina Dugan – AA 100 Free, 1500 Free, 400 I.M.; Yousef Eldakak – AA 200 Free, 50 Back; Tanner Emerson – A 200 I.M.; Nick Foster – AA 100 fly; Rilye Fries – AAA 200 Free, AA 200 Fly; Augusta Garies – AA 400 I.M., A 100 Free, 200 Free, 100 Back, 200 Back, 200 Fly; Caroline Gates – AA 200 Breast; Chris Hearl – AA 200 Fly; Zach Holbrook – AAA 200 Free, 400

Free; Charlie Hutchison – AA 100 Free; Danny Hynes – AA 200 Fly; Michael Hynes – A 200 Back; Alec Jackson – AA 200 Free; Kyle Kopecky – AA 100 Free, 400 Free, 100 Back, 200 I.M., 400 I.M.; Elexys Lode – AA 100 Free; Heath Maginn – AA 100 Free; Kent McDonald – AAAA 200 Fly; Kylie Miller – A 100 Free, 200 Free, 100 Back; Hannah Musser – AAA 400 Free, 200 Fly; Jeffrey O’Larte – A 200 Free, 400 Free; Hannah Palmeter – AAAA 50 Free, 100 Free, 50 Back; Kami Pankratz – A 100 Free, 50 Fly; Lauren Petersen – AA 400 Free; Isaac Powell – AAA 400 I.M.; Maddie Prettyman – A 200 Free; Jack Snyder – A 400 Free; Hannah Spoolstra – AA 200 Free; Sasha Stadnik – AA 100 Fly; Andrew Stublin – A 400 I.M.; Aubrey Torkelson – A 100 Free; Michael Zhou – AA 50 Free, A 400 Free.

On many levels, the Summer Invitational was a great experience for our swimmers on Father’s Day weekend and is a good stepping stone into the big meets at the end of July!

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